

5/15/2014

# Community Resource Assistance Guide

Mitchell County, NC

N.C. Division of Workforce Solutions

## **Childcare**

Agency Name: **Roan View Child Development Center**  
Address: 301 Longview Drive/ Bakersville, NC 28705  
Phone: (828) 688-2403  
Service(s) Offered: Basic child care, age appropriate activities, speech and physical therapy when needed. Financial assistance may be provided for qualifying families by Mitchell County Head Start, More at Four program, or DSS.

Agency Name: **Intermountain Children's Place**  
Address: 6342 Hwy 226 South/ Bakersville, NC 28705  
Phone: (828) 765-6712  
Service(s) Offered: Provides an extensive preschool program to children who qualify for Head Start or the More at Four Program.

## **Clothing**

Agency Name: **Shops of Safe Place**  
Address: 11955 South Hwy 226/Spruce Pine, NC 28777  
Phone: (828) 765-7115  
Website: <http://safelacethriftstores.blogspot.com/>  
Service(s) Offered: Thrift store to benefit victims of domestic violence. Items include (all in very good condition) clothing, shoes, furniture (arm chairs, sofas and tables) utensils, toys and cribs, small appliances, bedding, luggage, vintage clothing/costumes and other items. Clothing (and furniture, appliances, cribs, etc.) assistance is also available for those in need.

Agency Name: **Touch of Class**  
Address: 278 Oak Ave/ Spruce Pine, NC 28777  
Phone: (828) 765-2704  
Website: <http://safelacethriftstores.blogspot.com/>  
Service(s) Offered: Women's thrift store to benefit victims of domestic violence. Blouses, pants and jeans, dresses, coats, shoes, handbags and jewelry (all in "like-new" condition). Clothing assistance is also available for those in extreme need.

## **Education/Training**

Agency Name: **Mayland Community College – Basic Skills Program**  
Address: 200 Mayland Drive/ Spruce Pine, NC 28777  
Phone: (828)765-7351  
Contact Person: Steve Gunter (ext. 208) / Keeli Fawcett (ext. 291) (for underage students)  
Website: [www.mayland.edu](http://www.mayland.edu)  
Service(s) Offered: Assistance with basic skills such as reading and math, assistance attaining GED, college preparation, assistance with college placement exams, English as a Second Language (ESL) classes and compensatory education

for individuals with mental, emotional, or physical disabilities. Students 16-18 years old may participate with permission.

Agency Name: **Mayland Community College –Human Resource Development**  
Address: 200 Mayland Drive/ Spruce Pine, NC 28777  
Phone: (828)765-7351 ext. 249  
Website: [www.mayland.edu](http://www.mayland.edu)  
Service(s) Offered: The Human Resources Development (HRD) Program is designed to provide employment skills training to unemployed and underemployed adults. Tuition and fees for HRD classes are waived if the student is unemployed, has received notice of a layoff, or meets our income guidelines.

### **Employment**

Agency Name: **Mitchell County JobLink Career Center**  
Address: 127 Crimson Laurel Way, Bakersville, NC 28705  
Phone: (828) 537-1658  
Email: [esc.jobs.sprucepine@nccommerce.com](mailto:esc.jobs.sprucepine@nccommerce.com)  
Website: [www.ncworks.gov](http://www.ncworks.gov)  
Service(s) Offered: Job listings and referrals, unemployment insurance, and labor market information, information on careers, job development, vocational rehabilitation services, and training services.

### **Financial**

Agency Name: **Consumer Credit Counseling**  
Address: 720 East Union Street/ Morganton, NC 28655  
Phone: (828)438-3880  
Website: [www.cccesstl.org](http://www.cccesstl.org)  
Service(s) Offered: Set up a realistic household budget, create a financial action plan, learn to take control of and reduce debt, find ways to save money daily, and alleviate stress associated with overwhelming debt.

Agency Name: **OnTrack Financial Education and Counseling**  
Address: 50 South French Broad Ave St. 227/ Asheville, NC 28801  
Phone: (828)255-5166  
Website: <http://www.ontrackwnc.org/>  
Service(s) Offered: financial counseling, employer programs, financial planning, financial education, and housing services including foreclosure prevention, amongst others

## **Food**

Agency Name: **Shepherd's Staff Secondhand Store and Food Pantry**  
Address: 125 Locust Street/ Spruce Pine/ NC 28777  
Phone: (828)765-5385  
Service(s) Offered: Works with The Emergency Food Assistance Program for the elderly through MANNA food Bank in Asheville, also provides food boxes for low income families.

Agency Name: **Mitchell County WIC Program/ Mitchell County Health Department**  
Address: 130 Forest Service Drive, Suite A/ Bakersville, NC 28705  
Phone: (828)688-4668  
Service(s) Offered: Provides nutritional supplement program for women, infants, and children who at or below 185% of federal poverty level.

## **Home Health**

Agency Name: **Carolina Home Care Specialists**  
Address: 125 Skyview Circle/Spruce Pine, NC 28777  
Phone: (828) 765-4343  
Service(s) Offered: Personal care assistance, home management, assistance with monitoring of vital signs, finger stick blood sugar testing, medication and diet compliance, essential shopping and companionship.

Agency Name: **High Country Home Care**  
Address: 496-A Balsam Avenue/ Spruce Pine, NC 28777  
Phone: (828)766-9977  
Service(s) Offered: Personal care service, home management, housekeeping and essential shopping.

## **Legal Aid**

Agency Name: **Legal Aid of North Carolina - Asheville**  
Address: 547 Haywood Road/ Asheville, NC 28806  
Phone: (828) 236-1080  
Email: [angied@legalaidnc.org](mailto:angied@legalaidnc.org)  
Website: [www.legalaidnc.org](http://www.legalaidnc.org)  
Service(s) Offered: Legal assistance with civil cases in the following: Family Law, Education Law, Employment Law, Public Benefits Law, and Senior Citizen cases.

## **Local/County Government**

Agency Name: **City of Bakersville**  
Address: 26 South Mitchell Avenue  
Phone: (828) 688-2113  
Website: [www.bakersville.com](http://www.bakersville.com)  
Service(s) Offered: Municipal Services, Boards

Agency Name: **Town of Spruce Pine**  
Address: 138 Highland Avenue/ Spruce Pine, NC 28777  
Phone: (828) 765-3000  
Website: [www.spruce-pine-nc.gov](http://www.spruce-pine-nc.gov)  
Service(s) Offered: Municipal Services, Boards

## **Medical Care**

Agency Name: **Bakersville Community Medical Clinic**  
Address: 86 North Mitchell Avenue, Bakersville, NC 28705  
Phone: (828)688-2104  
Email: [clinic@bakersville.com](mailto:clinic@bakersville.com)  
Website: [www.bakersville.com/clinic](http://www.bakersville.com/clinic)  
Service(s) Offered: Family healthcare

**Mitchell County Health Department**  
Address: 130 Forest Service Drive Suite A/ Bakersville, NC 28705  
Phone: (828) 688-2371  
Contact Person: Lynda Kinnane  
Email: [lkinnane@trhd.dst.nc.us](mailto:lkinnane@trhd.dst.nc.us)  
Website: [www.ncalhd.org](http://www.ncalhd.org)  
Service(s) Offered: Services provided in the following areas: Adult health, breast and cervical cancer control program, child services, communicable diseases, environmental health, health promotion, HIV, immunization services, laboratory services, lactation support, maternal health, maternal care coordination, maternal outreach worker, postpartum/newborn home visit program, school health, STD care and prevention services, TB control, vital records, WIC, and women's preventive health.

Agency Name: **Blue Ridge Regional Hospital**  
Address: 125 Hospital Drive, Spruce Pine, NC 28777  
Phone: (828) 765-4201 or (877) 777-8230  
Website: [www.blueridgehospital.org](http://www.blueridgehospital.org)  
Service(s) Offered: Full service medical care with 46 licensed beds, 12 emergency rooms, diagnostic labs, surgery, obstetrics, fitness and rehabilitation, imaging, infusion, heart services, mammography, social services and women's services, and a heliport.

Agency Name: **Blue Ridge Medical Center – Mayland Campus**  
Address: 7968 HWY 19E, Spruce Pine, NC 28777  
Phone: (828) 765-5672  
Website: [www.spchospital.org/Hospital\\_BRMC\\_Mayland.htm](http://www.spchospital.org/Hospital_BRMC_Mayland.htm)  
Service(s) Offered: Routine physicals, wellness care, sports physicals, infant care, immunizations, and treatment of illnesses and minor injuries, allergies, developmental assessments, gynecological services, heart and lung conditions, nutrition and exercise for weight management, preventive screenings, chronic health conditions. New patients welcome, no referral needed.

Agency Name: **Blue Ridge Medical Center – Spruce Pine Campus**  
Address: 496 Altapass Rd., Spruce Pine, NC 28777  
Phone: (828)765-0170  
Website: [http://www.spchospital.org/Hospital\\_BRMC\\_Spruce.htm](http://www.spchospital.org/Hospital_BRMC_Spruce.htm)  
Service(s) Offered: Regular examinations, preventive screening, education about illnesses, counseling for nutrition and exercise, immunizations, gynecological care, management of ongoing health concerns, transitional care to long-term facilities, pain, shortness of breath, skin disorders, heart disease, stroke, lung disorders, COPD, urinary tract and kidney problems, reproductive health concerns including menopause, arthritis, high blood pressure, high cholesterol, diabetes, osteoporosis, chronic health conditions. New patients welcome, no referral needed.

### **Mental Health**

Agency Name: **Western Highlands Network**  
Address: 205 Locust Avenue/ Spruce Pine, NC 28777  
Phone: (828)765-9380  
Service(s) Offered: Metal Health services

### **Miscellaneous (Other Services)**

Agency Name: **Mitchell County Department of Social Services**  
Address: 347 Long View Drive/ Bakersville, NC 28705  
Phone: (828) 688-2175  
Website: [www.ncdhhs.gov/dss](http://www.ncdhhs.gov/dss)  
Service(s) Offered: Cash assistance for families, Medicaid, food stamps, NC Health Choice, protective services for adults and children, emergency assistance, and energy assistance.

Agency Name: **W.A.M.Y. Community Action, Inc.**  
Address: 29 Crystal Street/ Spruce Pine, NC 28777  
Phone: (828)766-9150  
Website: [www.wamycommunityaction.org](http://www.wamycommunityaction.org)

Service(s) Offered: The Total Family Development Program is a comprehensive program of developmental and support services designed to assist families in their efforts to become self-sufficient. Services may include: assistance with education, job training, job searches, clothing, transportation, child care, school supplies, and other educational items.

### **Rent/Utility/Housing**

Agency Name: **Cane Creek Village**  
Address: 101 Rhododendron Circle/ Bakersville, NC 28705  
Phone: (828)688 -3744  
Service(s) Offered: Assist clients with low-income housing. Cane Creek Village provides access to adult scholarships and learning technology, coordinate a youth recognition program and help clients enroll in a home ownership program and a wellness program.

Agency Name: **Spruce Pine Housing Authority**  
Address: 11 Fairground Street/Spruce Pine, NC 28777  
Phone: (828) 765-9182  
Service(s) Offered: Spruce Pine Housing Authority provides safe, decent, affordable housing for low income persons and families.

### **Support Groups**

Agency Name: **AA Meetings – Ledger Baptist Church**  
Address: 208 Church Road, Bakersville, NC  
Phone: (828) 688-3184  
Service(s) Offered: Support for individuals with problems associated with alcohol.

Agency Name: **A1-A-Non – Ledger Baptist Church**  
Address: 208 Church Road/Bakersville, NC  
Phone: (828) 688-3184  
Service(s) Offered: provides support to anyone whose life is, or has been, affected by someone else's drinking.

### **Transportation**

Agency Name: **Mitchell County Transportation**  
Address: 26 Crimson Laurel Circle Suite 1, Bakersville, NC 28705  
Phone: (828) 688-4715  
Contact Person: Shelia Grindstaff  
Email: [shelia.grindstaff@mitchellcounty.org](mailto:shelia.grindstaff@mitchellcounty.org)  
Website: [www.mitchellcounty.org](http://www.mitchellcounty.org)  
Service(s) Offered: Transportation in county and out of county to human service agencies, medical appointments, shopping, bill paying and work.